



Sport, Music & Fun
for the very young

Teddy Tennis Parent's Guide

Bergen County, New Jersey

Introducing Head Ted



Head Ted is the lead coach at the Teddy Tennis Academy. Head Ted thought it would be best to tell you about how the Academy runs things so you know what to expect. Teddy Tennis works by combining music, pictures, videos, teddy bear characters, and stickers into a totally interactive

learning adventure that children love. Head Ted and the Coaching Staff's job is not only to ensure the children, or as we like to call them, Cub Cadets, learn how to play tennis but also have FUN.



About Teddy Tennis

Teddy Tennis is a comprehensive curriculum based system specifically designed for children ages 2.5 to 6. It was conceived, created and developed in the United Kingdom; Teddy Tennis, the company, is based in the UK and has franchise operations all over the world.

Teddy Tennis Lessons



Teddy Tennis lessons have been carefully designed to develop a combination of Racquet, Movement, and Ball Skills along with Listening Skills, Hand-Eye Coordination and Social Skills. The key components of the program are music, pictures, videos and stickers; the music provides the rhythm and timing for the different Teddy Tennis games and exercises, the pictures and videos are used to show the children how to play, and the stickers help establish a sense of accomplishment - the combination works brilliantly.



Racket Skills



Ball Skills



Movement Skills



Learning Skills

Tennis Racquets

We have found that it surprises parents that racquets are not used in all Teddy Tennis Activities. This is because Teddy Tennis is about developing an all-round athletic capability with a focus on tennis. For our younger Cub Cadets we use a 'Hand Racquet' instead of a racquet.



Teddy Tennis Equipment

Head Ted will provide all the equipment necessary to play Teddy Tennis. All our equipment is sized perfectly for our budding Cub Cadets.

VAK Learning Method

Teddy Tennis' curriculum has over 100 lesson plans that address the various ways young children learn. Applying the Visual Auditory Kinesthetic (VAK) multi-sensory learning approach to teaching has proved to be very effective, particularly for young children and it works brilliantly in Teddy Tennis lessons: they see it, they hear it, they do it and they get it!



Teddy Tennis will develop each Cub Cadet's athletic capabilities, improve their coordination, grow their confidence, enhance their communication skills and encourage them to come back for more.....FUN!!!



Johnny Bear Amanda Panda HEAD TED Danny Bear Charlie Bear Boris Bear Molly Bear Anna Bear Grizzly Wizzly
Chloe Bear Tim Bear

I Love Teddy Tennis, LLC

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